MOTHER & CHILD HEALTH (MCH) HANDBOOK
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AT SAROVA WHITE SANDS, MOMBASA

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Global Situation of MCH Handbook

• First introduced in 1942 in Japan,
• 1948, replaced the old Handbook with a revised including child health care
• 1966, a law was passed for closer MNCH monitoring using the MCH Handbook
• Current IMR 0.19/1000 live births
• 2004, Handbook introduced in Indonesia, JICA support
• By 2017 about 163 Countries using MCH Handbook
Global Situation of MCH Handbook CONT.

- Has been introduced in other developing countries, in Africa Kenya and Cameroon leading

- Has an International conference held every 2 years, the 8th one held in Kenya 2012, 2015 in Cameroon, 2016 in Tokyo Japan, 2018 Bangkok, Thailand

- WHO in collaboration with Partners has finalized guidelines on Home Based Records
The MCH Booklet was developed through a wide consultative process (MOH & Partners), introduced, piloted 2007/2008 Nyanza Province.

It integrates all the interventions across the continuum of care, from pregnancy till the child is 5 years of age.

Officially launched in 2010 by the Minister for Public Health and Sanitation (Hon. Beth Mugo) for use in public & Private.

A health workers’ job aid and training package developed 2012.

Health workers’ capacity building for effective utilization ongoing.

**Value**: well accepted by health workers & mothers “The purple book”. Integration, durable, continuum of care, linkage facility/household, better documentation even for research.
Supply

- Printing & distribution has been mainly supported by Maternal Neonatal and Child Health (MNCH) partners.
- Some of the gaps noted, printing of different versions/editions.
- Considering economy of scale, bulk printing gives a lower unit cost, eg MOH procured low printing unit cost in 2013 @ Ksh 23.98 per pair copy, one million copies were printed & distributed.
- **2018, 1.45** copies printed @ Ksh 40, MOH/World Bank support
- Distribution using the vaccine chain has worked well.
- Current requirement; At least 2 million per year
- Partner support: WHO, UNICEF, CDC, PS Kenya FHI 360, USAID/JHPIEGO, UNFPA, World Bank and others
Review: What is new?

Last done June 2016

- ANC: Dental health for woman/mother
- At birth: CHX for cord care, & KMC
- After delivery; Vit. A for mother removed, added; Guide for healthy eating, Danger signs for mother & baby,
- Vaccines: IPV, MR
- PMTCT: ARV, and continued breastfeeding Per guidelines
- Feeding recommendation, added; age birth to 1 week
- Rec. for care and child development: Added; play & communication before birth
Impact/ Evidence

Indicators improvement noted by 2014 (KDHS)

• The **contraceptive prevalence rate** of any contraceptive method among married women is **58%**.

• **Neonatal mortality rate** is **22** deaths per 1,000 live births; **Infant mortality rate** is **39** deaths per 1,000 live births and **under-five mortality rate** is **52** deaths per 1,000 live births.

• **61%** of births were **delivered** in a health facility

• **71%** of children received **are fully vaccinated**

• **26%** of children under 5 are **stunted** (too short for age)

• **48%** of Kenyan household population has **access to an ITN**
Good Practices

Effective use by health workers:

• Through training and orientation on the job aid
• Training using a harmonized training package
• Support supervision
• Scheduled review of the Handbook, 3 to 5 years

Linking community health and health facility:

• Has been done by integrating into the various Community training packages
Challenges

- Inadequate funds to support printing, distribution, capacity building (Financing for this MCH Handbook)
- Introduction into the pre-service training institutions
- Process of achieving good buy-in by private sector (PPP)
- Ensuring Standards and Quality Assurance of the MCH Handbook implementation
- Research to inform implementation
Lessons Learnt

• “No one should be left behind”,
• Capacity building for effective utilization is key
• MCH handbook is identified as one of the key tools for care across the continuum for UHC
• JICA is working with WHO towards making MCH Handbook as a Global standard
• Call for action: Need to support Country/County implementation
Way Forward

• Work to on digitalization
• Introduction into pre service learning institutions
• Strengthen coordination and resource mobilization
• Strengthening areas of integration
• Advocacy for wider implementation
• Strengthen M&E on utilization of the MCH Handbook

Thank You