

# INTRODUCTION TO POLICIES THAT GOVERN ADOLESCENT HEALTH IN KENYA

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# **PUBLIC POLICY**

Public policy refers to the actions taken by government - decisions that are intended to solve problems and improve the quality of life for its citizens.

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## **PRESENTATION OUTLINE**

- a) Historical perspective of policies in health
- b) Status of, and gaps in adolescent health policies
- c) Harmonization of existing policies

HEALTH CONDITION	Provisions in Constitution, Treaties, Conventions, Laws, Policy, Strategies, Plans, Guidelines		
	1990 -2002	2003 - 2012	2013 - 2018
<b>General Health</b>	<ul style="list-style-type: none"> <li>- The Convention on the Rights of the Child (CRC) which Kenya Ratified on 30.07.1990</li> <li>- African Charter on the Rights and Welfare of the Child Ratified on 25.07.2000</li> <li>- Kenya National Health Policy Framework 1994 -2010</li> <li>- MDGs</li> </ul>	<ul style="list-style-type: none"> <li>- The Constitution of Kenya 2010               <ul style="list-style-type: none"> <li>o Article 43- Right to health; Backbone of all legislation related to health.</li> <li>o Article 53- Right of children in accessing health care.</li> <li>o Article 2 (6) of the Constitution of Kenya: International treaties that Kenya signs and ratifies form part of Kenyan law.</li> </ul> </li> <li>- National School Health Policy 2009</li> <li>- National School Health Guidelines 2009</li> <li>- National School Health Strategy Implementation Plan 2010-2015</li> </ul>	<ul style="list-style-type: none"> <li>- Kenya Health Policy 2014 – 2030</li> <li>- National Guidelines for Provision of Adolescent and Youth Friendly Services 2016</li> <li>- SDGs</li> </ul>
<b>HIV/AIDS</b>		<ul style="list-style-type: none"> <li>- Kenya HIV and AIDS Prevention and Control Act 2006</li> <li>- National Reproductive Health and HIV and AIDS Integration Strategy 2009</li> </ul>	<ul style="list-style-type: none"> <li>- Education Sector Policy on HIV and AIDS 2013</li> <li>- Guidelines for Conducting Adolescent HIV Sexual and Reproductive Health Research in Kenya 2015</li> <li>- Kenya AIDS Strategic Framework 2014/2015, 2018/2019</li> <li>- Kenya’s Fast-track Plan to end HIV and AIDS among Adolescents and Young People 2015</li> <li>- National Plan for Accelerating HIV Care and Treatment 2015 – 2017</li> <li>- Guidelines on Use of Antiretroviral Drugs for Treating and Preventing HIV Infection in Kenya 2016</li> <li>- Guidelines for Prevention of Mother to Child Transmission (PMTCT) of HIV/AIDS 2016</li> </ul>

HEALTH CONDITION	Provisions in Constitution, Treaties, Laws, Policy, Strategies, Plans, Guidelines		
	1990 -2002	2003 - 2012	2013 – 2018
<b>Sexual and Reproductive Health</b>		<ul style="list-style-type: none"> <li>- Kenya Sexual Offences Act 2006</li> <li>- National Reproductive Health Policy 2007</li> <li>- Adolescent Reproductive Health and Development Policy Plan of Action 2005 – 2015</li> <li>- National Guidelines on Management of Sexual Violence in Kenya 2009</li> </ul>	<ul style="list-style-type: none"> <li>- National Adolescent Sexual and Reproductive Health Policy 2015</li> <li>- Guidelines for Conducting Adolescent HIV Sexual and Reproductive Health Research in Kenya 2015</li> </ul>
<b>Nutrition</b>		<ul style="list-style-type: none"> <li>- National Food and Nutrition Security Policy 2011</li> <li>- National Guidelines for Integrated Management of Acute Malnutrition 2009</li> <li>- National Nutrition Action Plan 2012 -2017</li> </ul>	
<b>NCDs &amp; Chronic Diseases</b>		<ul style="list-style-type: none"> <li>- National Guidelines for Prevention and Management of Cervical, Breast and Prostate Cancers 2012</li> <li>- National Cervical Cancer Prevention Program Strategic Plan 2012 - 2015</li> </ul>	<ul style="list-style-type: none"> <li>- National Guidelines for Cancer Management in Kenya 2013</li> <li>- National Palliative Care Guidelines 2013</li> <li>- National Cervical Cancer Prevention Program Strategic Plan 2015 – 2020</li> <li>- National Cancer Control Strategy 2017 - 2022</li> </ul>
<b>Mental Health Drug and Substance Use</b>		<ul style="list-style-type: none"> <li>- Tobacco Control Act 2007</li> <li>- The Alcoholic Drinks Control Act 2010</li> </ul>	<ul style="list-style-type: none"> <li>- Kenya Mental Health Policy 2015 - 2030</li> <li>- The National Protocol for Treatment of Substance Use Disorders in Kenya, 2017.</li> </ul>

POLICY INDICATOR		2014 STATUS
NATIONAL STANDARDS FOR DELIVERY OF HEALTH SERVICES SPECIFICALLY FOR YOUNG PEOPLE (AGES 10-24)		Yes
CLEARLY DEFINED COMPREHENSIVE PACKAGE OF HEALTH SERVICES FOR ADOLESCENTS		Yes
SYSTEM IN PLACE FOR REGULAR ADOLESCENT SPECIFIC TRAINING FOR HEALTH PROVIDERS IN FIRST LEVEL FACILITIES		No data
ADOLESCENTS A SPECIFIC TARGET GROUP IN NATIONAL POLICIES/STRATEGIES/PLANS FOR:		
a)	Sexual and reproductive health & family planning	Yes
b)	Interventions to prevent HIV/AIDS	Yes
c)	Nutritional intervention	No data
d)	Alcohol use prevention	Yes
e)	Tobacco control activities	Yes
f)	Mental health	No data
g)	Injury prevention	No data
h)	Violence	No data

POLICY INDICATOR		2014 STATUS
5	LAWS AND REGULATIONS ALLOW MINOR ADOLESCENTS TO SEEK THE FOLLOWING SERVICES WITHOUT PARENTAL/ SPOUSAL CONSENT:	
	a) Contraceptive services except sterilization	Yes
	b) Emergency contraception	Yes
	c) HIV testing and counselling services	Yes
	d) Harm reduction intervention for injectable drug users	Yes
6	NATIONAL STRATEGY OR PLAN OF ACTION THAT SPECIFICALLY ADDRESS ADOLESCENT HEALTH ISSUES (AT THE TIME OF SURVEY)	Yes
7	BUDGET ALLOCATED TO SUPPORT ACTIVITIES PLANNED FOR ADOLESCENT HEALTH	Yes
8	CONDUCTED SPECIFIC NATIONAL REVIEW COVERING ADOLESCENT HEALTH PROGRAMS, IN PAST 2 YEARS	No data
9	USER FEE WAIVER IN PUBLIC HEALTH SECTOR FOR ADOLESCENTS (15-19 YEARS)	No

*Source: Global Guide - Policy Indicators (Survey date March 2014)*

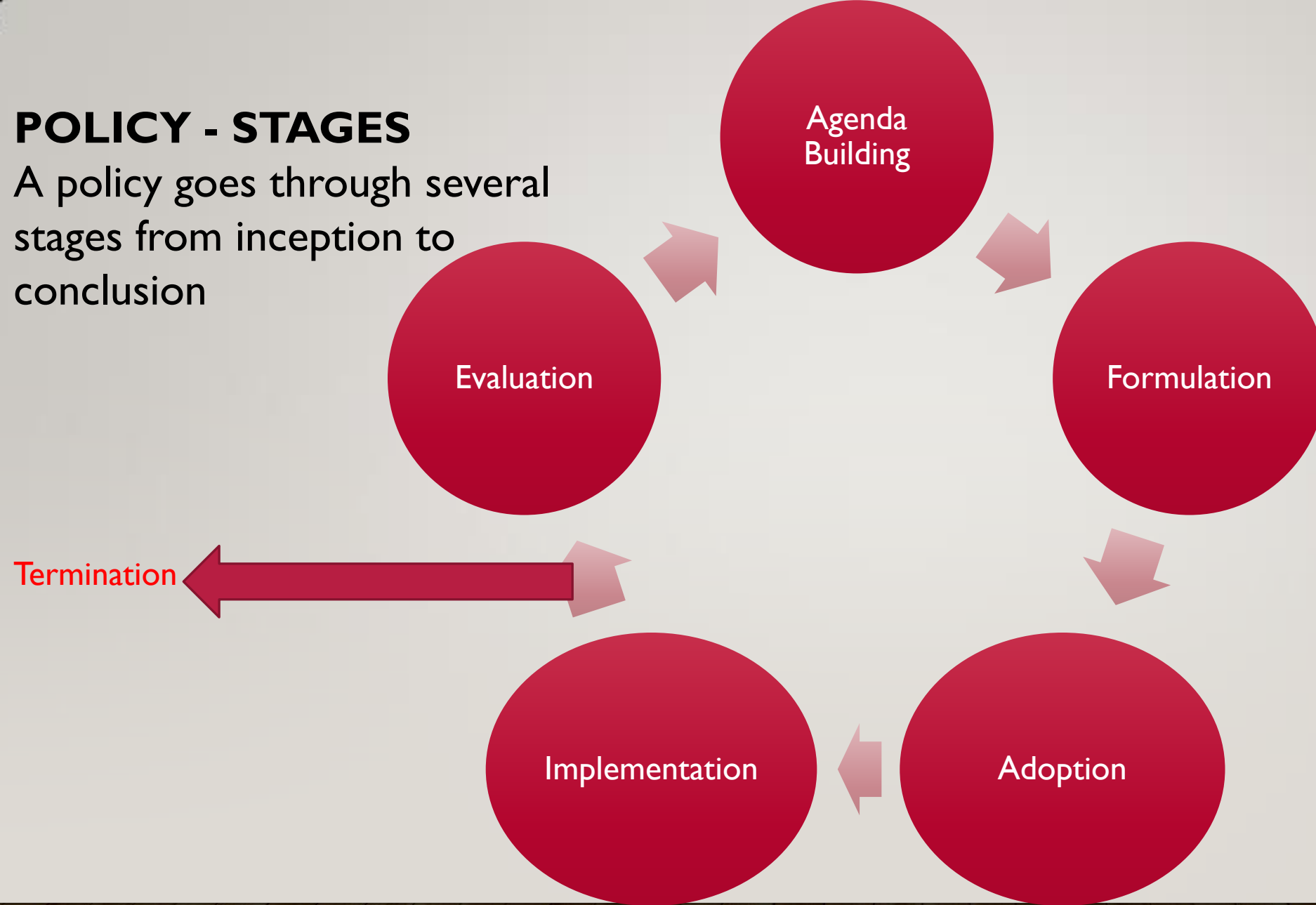
# GAPS

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- **Legislation**
- **Platforms of service provision**
  - Health facilities
  - Schools
  - Digital – m-health, e-health
  - Community
- **Data gathering**
  - Health information system
  - Civil registration
  - Surveys – population, school, parental connection/regulation

# POLICY - STAGES

A policy goes through several stages from inception to conclusion





The Kenya Health Policy 2014–2030, gives directions to ensure significant improvement in overall status of health in Kenya in line with the Constitution of Kenya 2010, the country's long-term development agenda Vision 2030, and global commitments.

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The policy focuses on six objectives to attain the government's goals in health.



# POLICY OBJECTIVES.....

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## **1. Eliminate communicable conditions**

- Promote provision and progressive realisation of universal access to the preventive and promotive services addressing major causes of the disease burden due to communicable conditions
- Promote good hygiene and sanitation to control food and water- and food-borne diseases
- Improve nutrition and food safety throughout the life-course
- Increase access to improved water safety and sanitation



## **2. Halt and reverse the rising burden of non-communicable conditions and mental disorders**

- Promote universal access to interventions addressing priority non-communicable conditions and mental disorders in the country
- Strengthen advocacy for health-promoting activities aimed at preventing increased burden of non-communicable conditions
- Put in place intersectoral programmes for non-communicable disease prevention and control



# POLICY OBJECTIVES.....

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## **3. Reduce the burden of violence and injuries**

- Promote corrective and intersectoral preventive interventions to address causes of injuries and violence;
- Facilitate greater universal access to timely and high-quality emergency care (curative and rehabilitative) that mitigates the effects of injuries and violence;
- Put in place interventions directly addressing marginalised and indigent populations affected by injuries and violence;
- Promote public health aspects of road safety

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## **4. Minimise exposure to health risk factors**

- Promote a healthier environment and intensify primary prevention of environmental threats to health
- Promote healthy lifestyles across all lifecycles
- Reduce unsafe sexual practices,
- Mitigate the negative health, social, and economic impacts resulting from the excessive consumption and adulteration of alcoholic products;
- Reduce the prevalence of tobacco use and exposure to tobacco smoke and other harmful addictive substances



# POLICY OBJECTIVES

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## **5. Provide essential healthcare**

- Design, pilot and implement appropriate service delivery models for hard to reach areas and disadvantaged population groups;
- Ensure access to emergency care
- Ensure access to comprehensive maternal, neonatal, and reproductive health services;
- Provide a quality KEPH as per the set norms, standards and guidelines in accordance with the defined levels of care

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## **6. Strengthen collaboration with private and other sectors that have an impact on health**

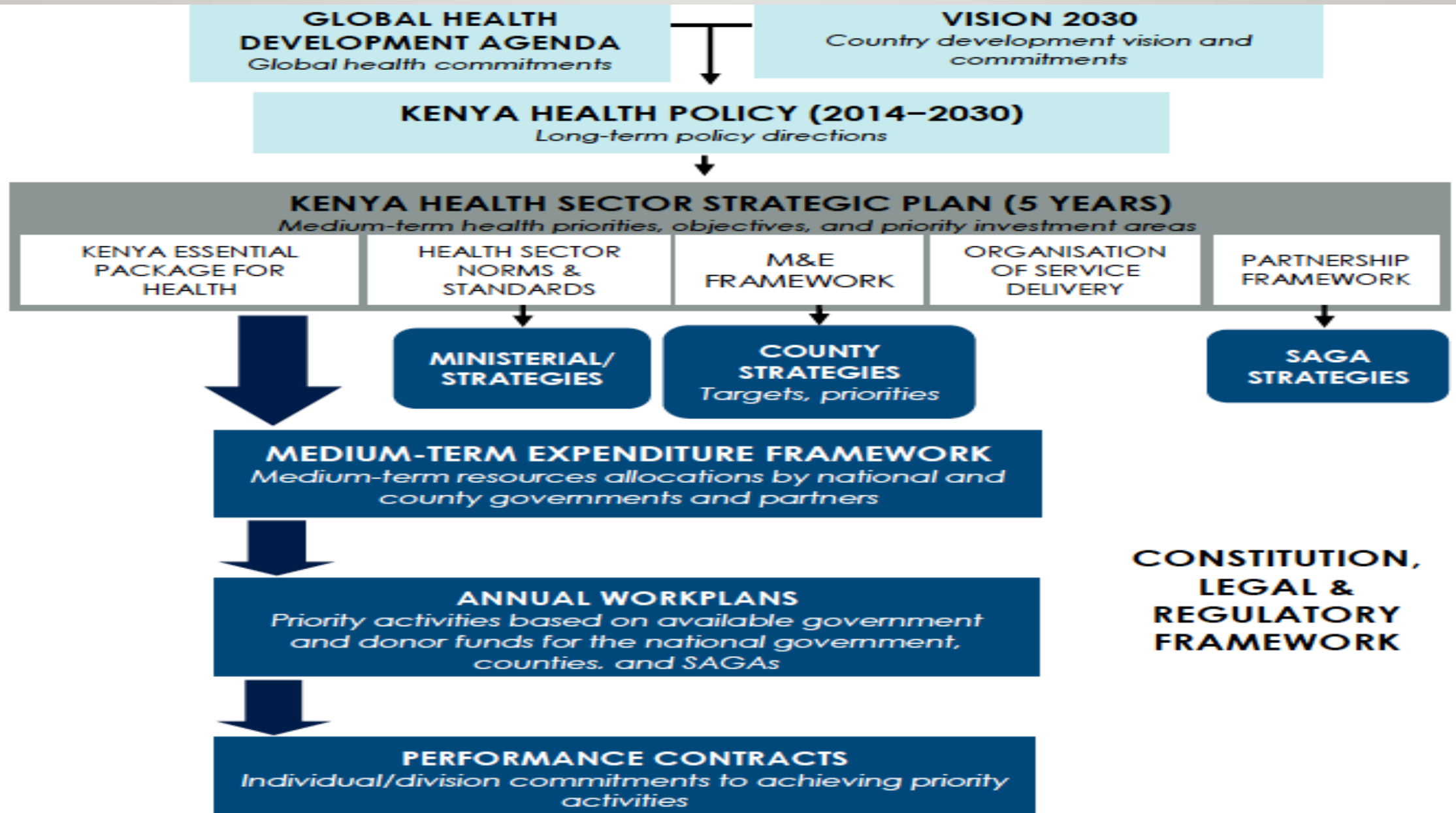
This will be achieved by adopting a 'Health in all Policies' approach, which ensures that the health sector interacts with and influences the design, implementation, and monitoring of interventions in all of these sectors.

There are many sectors that have an impact on health and should include health in their programmes. These include:

- economic growth and employment; security and justice; education and early life; agriculture, food and nutrition; infrastructure, planning and transport; environments and sustainability; housing, land and culture, and population growth.



# Overarching Planning and Review Framework for Kenya's Health Policy



# LEGISLATION, TREATIES, POLICIES AND GUIDELINES FOR ADOLESCENT HEALTH IN KENYA

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## Constitution, Treaties and Acts

The Constitution of Kenya 2010, SDGs  
The Convention on the Rights of the Child (CRC)

## Policies, Strategies, Plans

Kenya Health Policy 2014 – 2030; National School Health Policy 2009; National Adolescent Sexual and Reproductive Health Policy 2015; Kenya Mental Health Policy 2015 – 2030; National School Health Strategy Implementation Plan 2010-2015; Kenya AIDS Strategic Framework 2014/2015, 2018/2019; Kenya's Fast-track Plan to end HIV and AIDS among Adolescents and Young People 2015.

## Guidelines

Guidelines for Conducting Adolescent HIV Sexual and Reproductive Health Research in Kenya 2015; National Guidelines for Provision of Adolescent and Youth Friendly Services 2016; The National Protocol for Treatment of Substance Use Disorders in Kenya, 2017.