



KENYA PAEDIATRIC ASSOCIATION

1.0 PROFILE

The Kenya Paediatric Association (KPA) is an association whose principal members are paediatricians practicing in Kenya but includes researchers, paediatricians in training and any other cadres of health workers as associates. The KPA is a society dully exempt from registration under section 10 of the Society's Act. Cap 108, Laws of Kenya.

Vision

To make Kenya a country where children achieve physical, mental and social well being in the absence of disease or infirmity.

Mission

To promote better child health in Kenya, enhance knowledge on child health and improve the management, prevention as well as eradication of Paediatric and other related diseases through collaboration, research, advocacy, education, training, sharing of experiences and implementation of best strategies.

The organization has various activities including:

- Continuing professional development lectures
- One-day scientific symposia
- Annual scientific conferences
- Activities supporting child health in the community
- Advocacy to government and non-governmental organizations for children's health

2.0 ORGANIZATIONAL CAPACITY

2.1 HIV/AIDS

The Kenya Paediatric Association (KPA) has, since 2006, undertaken building health workers' capacity in the provision and organization of HIV/AIDS prevention, care and treatment services. These capacity building programs have taken place in Eastern, Rift Valley, Coast, Western and Central provinces. Over the years, measurable impact including increased health care provider confidence and significantly enhanced patient recruitments of services were achieved in those areas.

In 2006, The Association engaged in a 5 year project funded by CDC through CHF International Kenya. The project's goal was to build and sustain the capacity of clinicians and other health

workers in the provision of paediatric HIV care in addition to participating in paediatric HIV related policy issues in collaboration with the Ministry of Health.

The project and KPA's objectives were to:

1. To train Kenyan health workers in management of Paediatric HIV- through institution based training, workshops and symposiums. The project focused on developing trainers on comprehensive Paediatric HIV care including psychosocial care providers. This objective includes regular revision of training tools.
2. To support newly trained providers with clinical attachments at established comprehensive care facilities and on-site mentorship programs.
3. To maintain a resource base at the KPA head-office linking it with the provincial centers for HIV specialist consultation and educational updates.
4. To maintain national leadership role in Paediatric HIV issues at the National AIDS/STI Control Program (NAS COP) level.

Within this partnership, KPA trained a total of **2,508** health care workers to provide ART care and supported **95** sites in Paediatric HIV management aspects.

KPA also supported NAS COP with technical assistance for HIV policy development. NAS COP appointed KPA to spearhead the Training and Mentorship subcommittee. KPA was instrumental in the development of the Paediatric HIV Strategic plan as well as having played a key role and contributed in the development of the recent Kenya National AIDs Strategic Plan (KNASP).

In 2008, Kenya Paediatric Association got into a partnership with Family Health International (FHI). The goal of the project was to strengthen the capacity of clinicians and other health workers in the provision of Paediatric HIV care through the development of district mentoring teams in Rift Valley and Coast provinces.

The objective of the project was to:

1. Establish the capacity of four centres of excellence in the two regions.
2. Establish a full complement of trainers in Eastern and Western regions.
3. Establish and develop the capacity of mentorship teams based on APHIA II operational districts.
4. Develop the capacity to provide Quality Assurance of Paediatric ART service delivery in the provinces.
5. Develop the capacity of district counseling mentorship teams to address psychosocial issues in children and their families.

Through this collaborative initiative, the out put recorded was; **4** health facilities assessed for consideration of centres of excellence. A total of **69** health care workers trained on Paediatric The Association has also partnered with Elizabeth Glaser Pediatric AIDS Foundation (EGPAF) and has trained health care providers on Paediatric Training of Trainers and Paediatric HIV Mentorship. Other partners having worked with are the Catholic Medical Mission Board (CMMB), and APHIA II Central and Nairobi.

In 2010, KPA partnered with MSH (APHIA II) in a project whose goal was to strengthen the capacity of clinicians and other health care workers in the provision of HIV/AIDS care in North Eastern Province. To address this important goal KPA/APHIA II project achieved the following;

1. Full health facility assessment of the Provincial General Hospital Garissa with the aim of helping it achieve the status of center of excellence in the provision of HIV/AIDS care and become the training center for the region.
2. To develop an inaugural group of **31** health workers with skills to provide mentorship support to others. This would then allow for sustainable supervision activities in the region.

From year 2011 to date KPA has also partnered with the University of Maryland School of Medicine (UoMLSOM) Partnership in Advanced Clinical Education (PACE) in developing and enhancing this integrated approach.

The goal of the project is to establish and support County based Centres of Excellence in provision of innovative HIV/AIDS related training and mentorship of HCWs leading to the sustainable provision of innovative training of providers cascaded down to levels 2 and 3.

The project and KPA's objectives is to:

1. To conduct TOT courses, including non-e based distance learning in the selected counties.
2. To support continuing provider training of other HCW in the county by the team of county experts using traditional and non-e learning distance learning tools.
3. To support other targeted educational methods like short workshops, seminars, expert talks to the regions, telephone consultations.
4. To undertake advocacy activities towards increasing HCW interest in HIV/AIDS care provision.
5. To maintain presence in the strategic activities of NASCOP and other stakeholders in the fight against HIV/AIDS in Kenya.

2.2 MATERNAL AND CHILD HEALTH

Emergency Triage Assessment and Treatment Plus (ETAT+)

The ETAT+ trainings are aimed at introducing clinical practice guidelines (CPG). These CPG cover the commonest causes of mortality in under five years in resource limited countries. The course equips health workers with knowledge and skills for triage, early recognition, rapid assessment and management of the sick children. This includes life support skills for newborns, infants and children.

KPA in collaboration with KEMRI /Wellcome Trust Research Programme and the Division of Child Health, Ministry of Health, has supported courses in Emergency Triage Assessment and Treatment Plus (ETAT+) within the framework of government Provincial and District Hospital throughout the country. The KPA with its increasingly important role in supporting training

became the administrative arm for the ETAT+ courses in Kenya and the entire East African Region. Through this concerted partnership in 2008 and 2012, a total of **1,980** health workers providing initial care in a typical hospital setting were trained.

In recent times KPA has now worked with international partners (at present Uganda and Rwanda) to adopt the ETAT+ course and deliver quality training.

New Born Advanced Life Support (NALS)

The objective of NALS training is to give first responders the background knowledge and skills to competently approach the management of resuscitation of the newborn infant during the first 10 -20 minutes. This is achieved by concentrating on effective teaching of practical airway management and ventilatory support.

In collaboration with Rotary International, KPA is implementing the NALS training in Nairobi's government health facilities with an extended coverage of Kiambu district. By June 2011 a total of **380** health workers had been trained

Symposia and Scientific conferences

KPA organizes for a one day scientific symposia four times in a year and pediatricians and other health care providers with passion for children are invited from all over the country. A calendar of events with different themes is shared to all members and speakers from Kenya and other countries are invited to update members on best practices. The KPA Annual Conference is a unique forum that brings together one of the largest gathering of Paediatricians from Kenya and colleagues from the region to deliberate on issues, gain knowledge and share experiences in a variety of areas of the profession. The association has successfully held 15 conferences since its inception The Association also assists other health care institutions to plan for International conferences within the country as the secretariat has the capacity to plan for activities.

ACTIVITIES TO SUPPORT CHILD HEALTH IN THE COMMUNITY

Running for Child Survival Event:

The Kenya Pediatric Association (KPA) together with many other generous organizations (IVAC, GSK, Ministries of Health etc) have, over the last four years conducted highly successful child health awareness campaigns in Nairobi. This has been in form of 10 kilometer runs around the suburbs by members of the public. Previous years have explored themes such as Immunization, pneumonia and child health in general. These activities have contributed to the gains Kenya has enjoyed in reducing child deaths over the last 5 years.

The goal of the Running for Child Survival 2013 Event is to increase public awareness and enhance mass participation on the need for prevention and appropriate care for diarrhoeal disease and pneumonia.

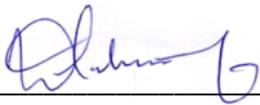
World Pneumonia Day Celebration:

The Ministry of Public Health and Sanitation in Collaboration with Kenya Pediatric Association, KEMRI, KAPTLD and GlaxoSmithKline organizes for World Pneumonia Day in the month of November to raise awareness and promote action towards reducing the burden of pneumonia

in Kenya. A Breakfast Meeting is normally held with representatives from the Ministry of Health, WHO, UNICEF, KEMRI, USAID, Journalists and Key Stakeholders in the medical fraternity. Kenya Paediatric Association aims to give a voice to children to improve the Prevention, Management, Control and Eradication of common diseases. The mutual collaboration will help save the lives of thousands of vulnerable Kenyan children and achieve the MDG-4.

CONTACTS:

David Githanga: **National Chairman**, Kenya Paediatric Association. Telephone +254-711-524359;
Email davidgithanga@gmail.com

Signed:  _____